

#awkward
Group Study, Week Two
How to Die Daily

CATCHING UP

Welcome any new members. Go around the group and answer the question, *how has your week been going?* And *what did you take away from the last lesson, and how has it made a difference in your life this week?*

DIVING IN

Have different people in the group read the following verses out loud:

Galatians 2:20; 1 Peter 2:24; Romans 12:1; Colossians 3:3; 2 Corinthians 5:17

Read Aloud

There is definitely a theme in the New Testament of a Christian's willingness to "die to self," which means *putting the old life to death* and living a new life in Christ. The death of self is something written about in two senses:

1. The sense in which the "old" us has already died when we received Christ. It's done. It's a work of grace – something God has been willing to do as He makes us into new creations when we are born again.
2. The sense in which we choose to continue to put the old us to death daily. It seems as if, though our old nature is dead, it continues to show up in our lives on earth as long as we live in our bodies.

Talk It Over

1. What is it about the "old" us that needs to die? What aspects of who we were before we met Jesus could hinder us from living the Christian life to the fullest potential?
2. What are the qualities of a new life in Christ that we need to accentuate? How does Jesus make us different in how we live every day?
3. The Bible says a lot about dying to self **daily**. Our commitment to live new lives is something that needs to be repeated continually. How do you think we "drift" back into old patterns? Why is it difficult sometimes to continue to live a new life consistently?

4. Dr. Gray Allison once said that if you can die to *criticism* and die to *praise*, you could die to anything. In what senses is this at least partially true?
5. Get practical for a second. What does "dying to self" look like in marriage? In parenting? In the workplace? In government? In the life of the church?
6. Dying to self would allow us to live *for Christ* and *for others* more fully. How would our culture be impacted if most believers lived this way?

SERVING TOGETHER

Talk about how your group might be able to serve together, within the church or within the community once or twice during this study.

STAYING ON MISSION

It's very important for every group to remember our big mission of reaching people who are far from God and bringing them closer to knowing Jesus. **Who do you know that you could invite to the group?**

PRAISE AND PRAYER

What prayer requests are there within the group? What is there to praise God and be thankful for? Are there any stories of how God has been at work in someone's life? One person can lead in prayer or multiple people can lead, but no one should feel pressured to do so.