

# Knowing God, Who We Are & the Power He's Given Us

PAUL'S PRAYER IN EPHESIANS 1:15-23

## When My Belief and Emotions Don't Line Up

April 14, 2024 - Week Two

>> There is a difference between having hope and being hopeful.

Hope is:

The fact that God has my future in his hands.

Hopefulness is:

Confidence and peace during the in-between

Ephesians 1:15-19

For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the **eyes of your heart** may be enlightened in order that you may **know the hope** to which he has called you...

Proverbs 4:23

Guard your heart above all else, for it determines the course of your life.

Romans 15:13

I pray that God, the source of hope, will fill you completely **with joy and peace** because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

>> To get your emotions to align to your belief, you have to shift your focus to what you believe.