



RHYTHMS OF JESUS

Rhythms of Jesus: Getting Filled with Courage

January 11, 2026 - Week Two

>> Your spiritual rhythms will determine your spiritual health.

>> If we want the results Jesus had, what are the rhythms Jesus lived?

Luke 4:16a

He went to Nazareth, where he had been brought up,
and on the Sabbath day he went into the synagogue, as was his custom.

Hebrews 10:24-25

24 And let us consider how we may spur one another on toward love and good
deeds, 25 not giving up meeting together, **as some are in the habit of doing**,
but encouraging one another –and all the more as you see the Day approaching.

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